

# BARRIERS AND SUCCESSFUL STRATEGIES TO INCLUDE MIGRANT WOMEN AND GIRLS IN SPORTS

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## LEADING QUESTIONS

How is the experts' view on the situation of migrant women and girls in European sports?

What kind of barriers are preventing migrants women and girls from participating in sports?

What are successful strategies to include migrant women and girls in sports?

## METHOD

**#SPINWOMEN**

7 focus groups in 7 countries

**#SPINWOMEN**

54 representatives of sports organizations, clubs, initiatives etc.

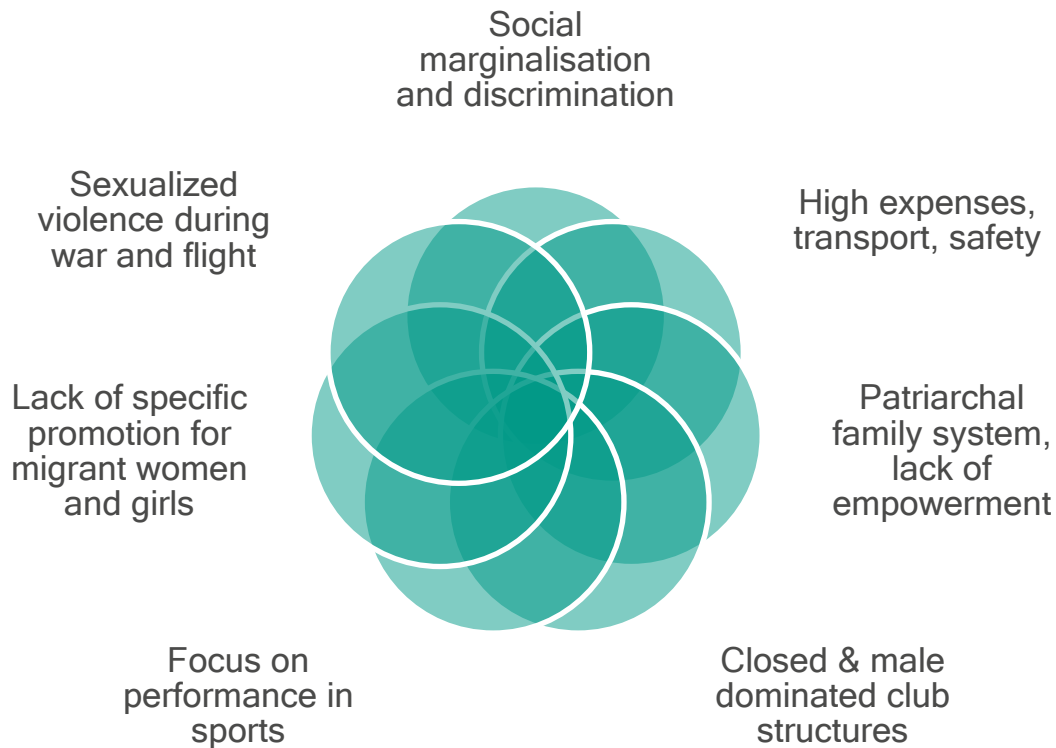
**#SPINWOMEN**

Focus on newly arrived migrants and on refugees

## DOUBLE DISADVANTAGE

Promoting the inclusion of migrants and refugees always entails dealing with the issue of racism and discrimination. However, migrant women and girls are not only disadvantaged, because they are migrants, but also because they are female. This double disadvantage becomes apparent within the context of the barriers which we discovered in the study.

# BARRIERS FOR MIGRANT WOMEN



# SUCCESSFUL STRATEGIES



## 1: Reaching the target group

Role models can make success visible

Using Partnerships and networks in the social space

Establishing contact with parents

Connecting sports with crucial messages



# SUCCESSFUL STRATEGIES



## 2: Developing offers

Offering childcare or mother-child-sessions

Choosing a social approach

Introducing new types of sports

Basing offers on the needs, fostering participation



# SUCCESSFUL STRATEGIES



## 3: Making clubs more accessible

Sports clubs must become more female/diverse

Establishing trustful relations

Changing rules to eliminate barriers

Taking measures for a safe, discrimination free environment





# SUCCESSFUL STRATEGIES



## 4: Offering qualification

Training female migrant coaches and referees

Educating sport teachers, instructors and coaches on women`s rights

Training sport teachers, instructors and coaches in intercultural awareness

# CONTACT

If you have any questions or further comments, please contact me!

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The study can be downloaded here:

[https://sportinclusion.net/fileadmin/mediapool/pdf/spin/SPIN-Equal\\_access\\_migrant\\_women\\_in\\_sports\\_Camino\\_2020.pdf](https://sportinclusion.net/fileadmin/mediapool/pdf/spin/SPIN-Equal_access_migrant_women_in_sports_Camino_2020.pdf)

